

B.E.S.T. for Babies and Moms Council
BREASTFEEDING INFORMATION AND SUPPORT

If you need help with breastfeeding or have questions, call any of these resource people.

DISTRICT SEVEN HEALTH DEPARTMENT

Idaho Falls

Christine Taow, MPH, RD, IBCLC

522-3823 x 234

Char Byington, RD, CLC

Rexburg

Sue Hagrman, RD, CLC

356-9594, Wed. & Thurs.

WIC Program

*Breastfeeding Counselors

*Individual Consultations

*Breastfeeding Classes

*Telephone Support

*No Cost

Spanish & English Speaking

Arlin Ambrocio, CLC - 522-3823 x 234

HOSPITALS

Eastern Idaho Regional Medical Center 529-7171

EIRMC Lactation Consultant: Debbie Keith, LPN, IBCLC

Madison Memorial Hospital 356-3691

MMH Lactation Consultants: Marie Horne, RN, IBCLC

Vulma Holman, RN, IBCLC

Mountain View Hospital 557-2700

MVH Lactation Consultant: Jill Williams, RN, CLC

Steele Memorial Hospital 756-2424

Teton Valley Hospital 354-2383 x 146

TVH Lactation Consultant: Kristen Coburn, RN

La Leche League - Mother-to-Mother Support

Volunteer Accredited La Leche League Leaders - 1(800) LALECHE

More information listed on the web: <http://www.llusa.org>

Sources for Rental Breastpumps and Supplies

Valley Medical Supply - 523-3800

Teton Pharmacy - 529-3636

When the Baby Cries - 552-5400

Norco - 552-3113

The Lucky Latch - 403-5142

Lincare - 524-6322



**For more information about the WIC Program,
contact the Idaho CareLine at 211 or 1-800-926-2588**

The WIC Program is an equal opportunity
provider and employer.

Project of BEST for Babies and Moms Council and the Idaho WIC Program. For information about this publication or breastfeeding educational resource materials contact Christine Taow at the Idaho Falls WIC Program 522-3823 or ctaow@phd7.state.id.us 4/05